

Dear Swans Parents/Carers,

Term 1 Relationships and Health education in Swans

Being Me in My World

From September 2020, 'Relationship and Health' education became compulsory in all primary schools in England. In Swans, our pupils are taught the foundations of:

- Respectful relationships
- Caring friendships
- Online relationships and being safe
- How to be safe
- Families and people who care for me.

Our relationship and health curriculum is taught through circle times, weekly assemblies, our school values, our golden time system, aspects of our RE curriculum and is enhanced through visitors.

Alongside these, we also follow the 'Jigsaw' approach to PSHE which is a mindful approach to circle time. The letter below outlines the lesson by lesson objectives your child will be taught in their weekly Jigsaw sessions over the term.

Through this 'Jigsaw piece' the children will have the opportunity to develop their understanding of being a part of our school community, recognise similarities and differences, develop their teamwork and develop their understanding of what it means to be a good friend.

If you wish you discuss these lessons in more detail with your child's class teacher please arrange an appointment via the school office using office@gateway-pri.kent.sch.uk. For further information about our approach to RSHE teaching, please visit our website and refer to our policy which sets out our whole school approach.

Lesson	Lesson Intentions	Key Vocabulary
1	I understand how it feels to belong and that we are all similar and different I can take turns during class circle times and listen to the ideas of others.	Belonging Swans School community Similarities and differences
2	I can discuss how I felt when I started school I can start to recognise and manage my feelings	Vocabulary associated with feelings, for example: happy, sad, worried, excited Strategies
3	I can work together and consider other people's feelings	Teamwork Kindness Respect School values Politeness honesty
4	I understand why it is good to be kind and use gentle hands	Kindness gentle hands Listening respect Golden rules
5	I am starting to understand children's rights and this means we should all be allowed to learn and play	Rights and responsibilities Learn play
6	I am learning what being responsible means	Responsible rights Fun learning included

Thank you,
Mr Cassem