

Dear Woodpeckers Parents/Carers,

Term 3 Relationships and Health education in Woodpeckers

Dreams and Goals

Our school Jigsaw focus this half term is 'Dreams and Goals'. Through this topic, the children learn about determination and resilience and how these are key to achieving your goals. They also set themselves goals and think about the steps to achieve their goals.

Please refer to the brief outline below which outlines the lesson by lesson objectives your child will be taught in their weekly Jigsaw sessions. If you wish you discuss these lessons in more detail with your child's class teacher please arrange an appointment via the school office.

Lesson	Lesson Intentions	Key Vocabulary
1	I can tell you about some of my hopes and dreams I know how it feels to have hopes and dreams	Dream hope goal Determination perseverance Resilience positive attitude
2	I understand that sometimes hopes and dreams do not come true and that this can hurt I know how disappointment feels and identify when I have felt that way	Dreams goals hopes Disappointment fears Hurt resilience
3	I know that reflecting on positive and happy experiences can help me to counteract disappointment I know how to cope with disappointment and help others to cope with theirs	Positive experiences hopes Dreams disappointment Hurt goals plans Cope help resilience
4	I know how to make a new plan and set new goals even if I have been disappointed I know what I means to be resilient and to have a positive attitude	Resilience self-belief Motivation perseverance Determination goal Dream commitment
5	I know how to work out the steps to take to achieve a goal, and do this successfully as part of a group I enjoy being part of a group challenge	Goal team work Enterprise design Cooperation
6	I can identify the contributions made by myself and others to the group's achievement I know how to share in the success of a group and how to store this success experience in my internal treasure chest	Resilience positive attitude Review disappointment Learning strengths Success celebrate evaluate

Thank you,

Miss Warner