

Dear Swallows Parents/Carers,

Term 3 Relationships and Health education in Swallows

Dreams and Goals

Our school Jigsaw focus this half term is 'Dreams and Goals'. Through this topic, the children learn about determination and resilience and how these are key to achieving your goals. They also set themselves goals and think about the steps to achieve their goals.

Please refer to the brief outline below which outlines the lesson by lesson objectives your child will be taught in their weekly Jigsaw sessions. If you wish you discuss these lessons in more detail with your child's class teacher please arrange an appointment via the school office.

Lesson	Lesson Intentions	Key Vocabulary
1	I can tell you about a person who has faced difficult challenges and achieved success I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability)	Perseverance challenges Success obstacles Dreams goals
2	I can identify a dream/ambition that is important to me I can imagine how I will feel when I achieve my dream/ambition	Dreams goals Ambitions future Aspirations
3	I enjoy facing new learning challenges and working out the best ways for me to achieve them I can break down a goal into a number of steps and know how others could help me to achieve it	Garden decoration Dream goal team work Enterprise design Cooperation
4	I am motivated and enthusiastic about achieving my new challenge I know that I am responsible for my own learning and that I can use my strengths as a learner to achieve the challenge	Challenge product Team work cooperation Strengths motivated Enthusiastic excited Efficient responsible
5	I recognise obstacles which might hinder my achievement and take steps to overcome them I can manage the feelings of frustration that may arise when obstacles occur	Obstacles frustration Solve it together solution Team work
6	I can evaluate my own learning process and identify how it can be better next time I am confident in sharing my success with others and store my feelings in my internal treasure chest	Review learning Strengths success Self-review celebrate evaluate

Thank you,

Miss Warner