

Dear Herons Parents/Carers,

Term 3 Relationships and Health education in Herons

Dreams and Goals

Our school Jigsaw focus this half term is 'Dreams and Goals'. Through this topic, the children learn about determination and resilience and how these are key to achieving your goals. They also set themselves goals and think about the steps to achieve their goals.

Please refer to the brief outline below which outlines the lesson by lesson objectives your child will be taught in their weekly Jigsaw sessions. If you wish you discuss these lessons in more detail with your child's class teacher please arrange an appointment via the school office.

Lesson	Lesson Intentions	Key Vocabulary
1	I can set simple goals I can tell you about the things I do well	Proud success Achievement goal Treasure coins
2	I can set a goal and work out how to achieve it I can tell you how I learn best	Goal learning Stepping stones process Garden dreams
3	I understand how to work well with a partner I can celebrate achievements with my partner	Working together team work Achievement celebrate
4	I can tackle a new challenge and understand this might stretch my learning I can identify how I feel when I am faced with a new challenge	Learning stretchy Challenge feelings
5	I can identify obstacles which make it more difficult to achieve my new challenge and work out how to overcome them I know how I feel when I see obstacles and how I feel when I overcome them	Challenge obstacle Overcome achieve Goal stepping stones
6	I can tell you how I felt when I succeeded in a challenge and how I celebrated it I know how to store the feelings of success in my internal treasure chest	Success celebration Challenge feelings internal treasure chest goals dreams garden

Thank you,

Miss Warner