

Dear Swans Parents/Carers,

Term 3 Relationships and Health education in Swans

Dreams and Goals

Our school Jigsaw focus this half term is 'Dreams and Goals'. Through this topic, the children learn about determination and resilience and how these are key to achieving your goals. They also set themselves goals and think about the steps to achieve their goals.

Please refer to the brief outline below which outlines the lesson by lesson objectives your child will be taught in their weekly Jigsaw sessions. If you wish you discuss these lessons in more detail with your child's class teacher please arrange an appointment via the school office.

Lesson	Lesson Intentions	Key Vocabulary
1	I understand that if I persevere I can tackle challenges	persevere tackle goal determination challenges
2	I can tell you about a time I didn't give up until I achieved my goal	Persevere goal determined achieve achievement
3	I can set a goal and work towards it	Goal achieve perseverance steps
4	I can use kind words to encourage people	Kindness encouragement Help support Motivate inspire
5	I understand the link between what I learn now and the jobs I might like to do when I am older	Future learning Jobs goals
6	I can say how I feel when I achieve a goal and know what it means to feel proud	Goal proud Achievement

Thank you,

Miss Warner