

Safer Internet Day 2024

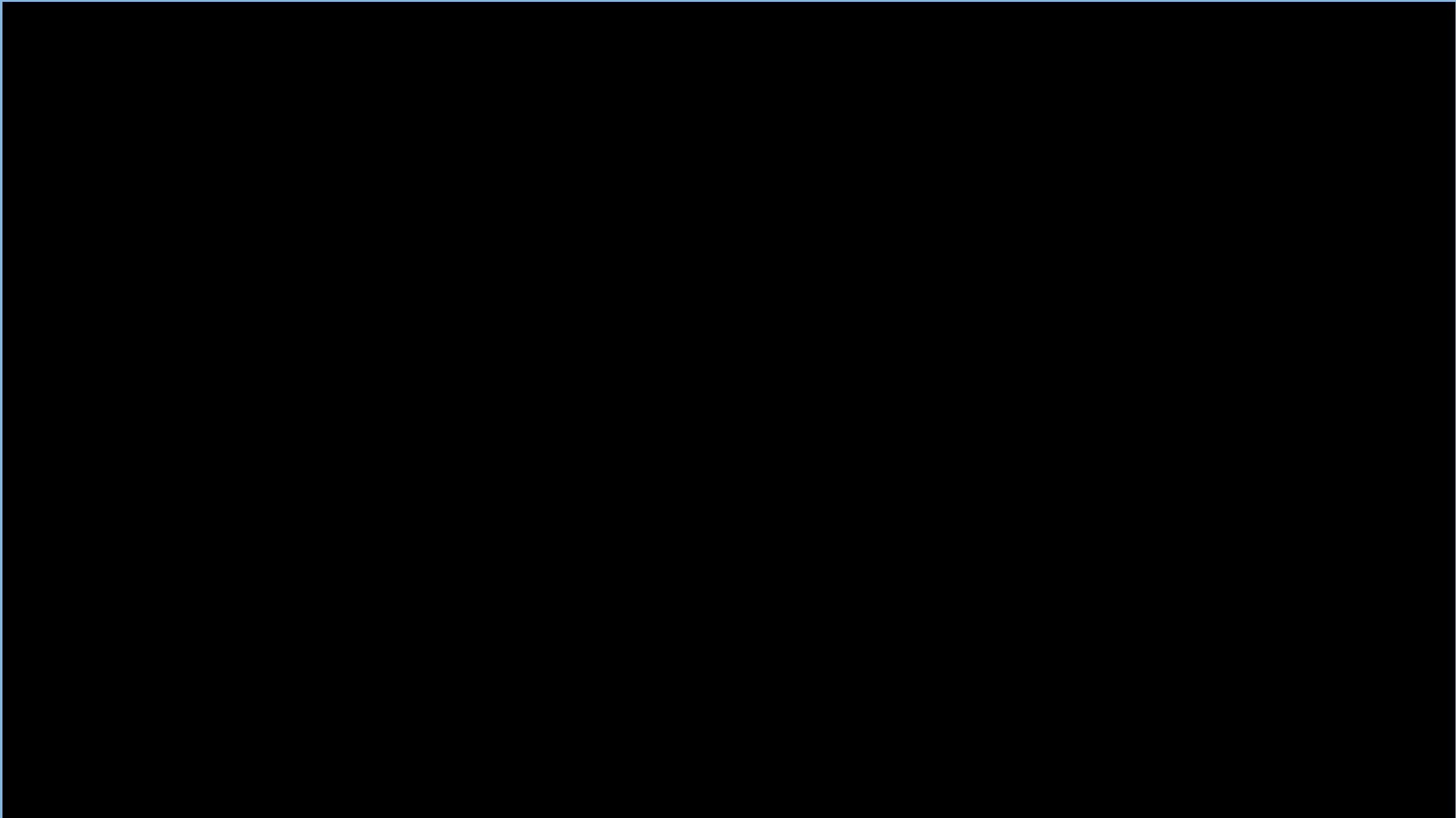
Inspiring change? Making a difference, managing influence and navigating change online.

What is Safer Internet Day about?

Each year Safer Internet Day has a different theme. The theme for this year is about making a difference, managing influence and navigating change online.

In the UK, we are celebrating by putting children and young people's voices at the heart of the day and encouraging them to shape the online safety support that they receive.

With your help, Safer Internet Day 2024 can be a springboard for conversations that shape how we talk about and respond to online issues, not just for one day, but throughout the whole year.



Things change so fast online, it's hard to keep up with what my child is doing

- **Talk little and often**

Having a regular open dialogue with your children about their favourite apps, the games they enjoy, and their online friends, will help create an environment where chatting about online experiences becomes a normal part of family life.

- **Stay proactive**

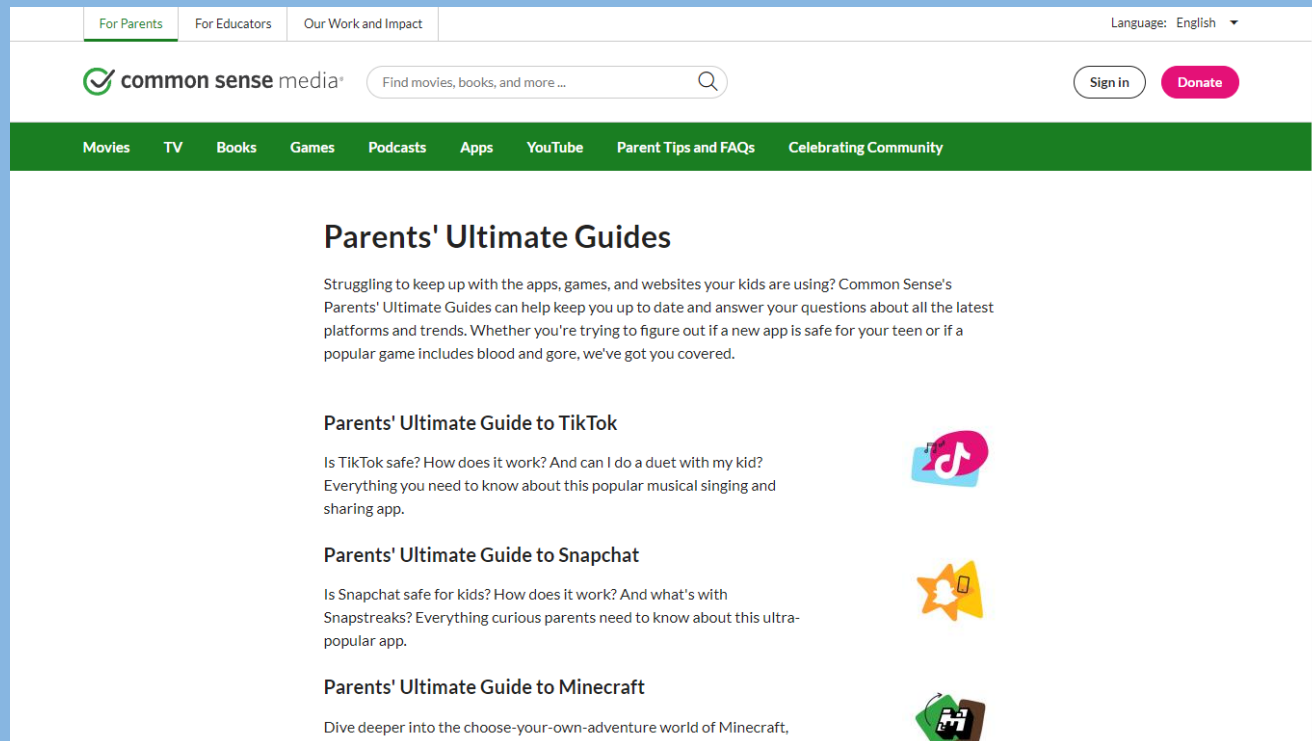
As a result of discussions with your children about their online activities, take time to research the apps they're using, the accounts or channels they're following, and the games they're playing, to get a better idea of what they're experiencing and what your thoughts are towards it.

- **Seek support**

Knowing where to get help is essential. Each app or platform will have its own safety guidelines and reporting features, and having knowledge of how to use these will ensure you can make a report, seek help, and support your child to get the best out of the services they're using.

Age appropriate content

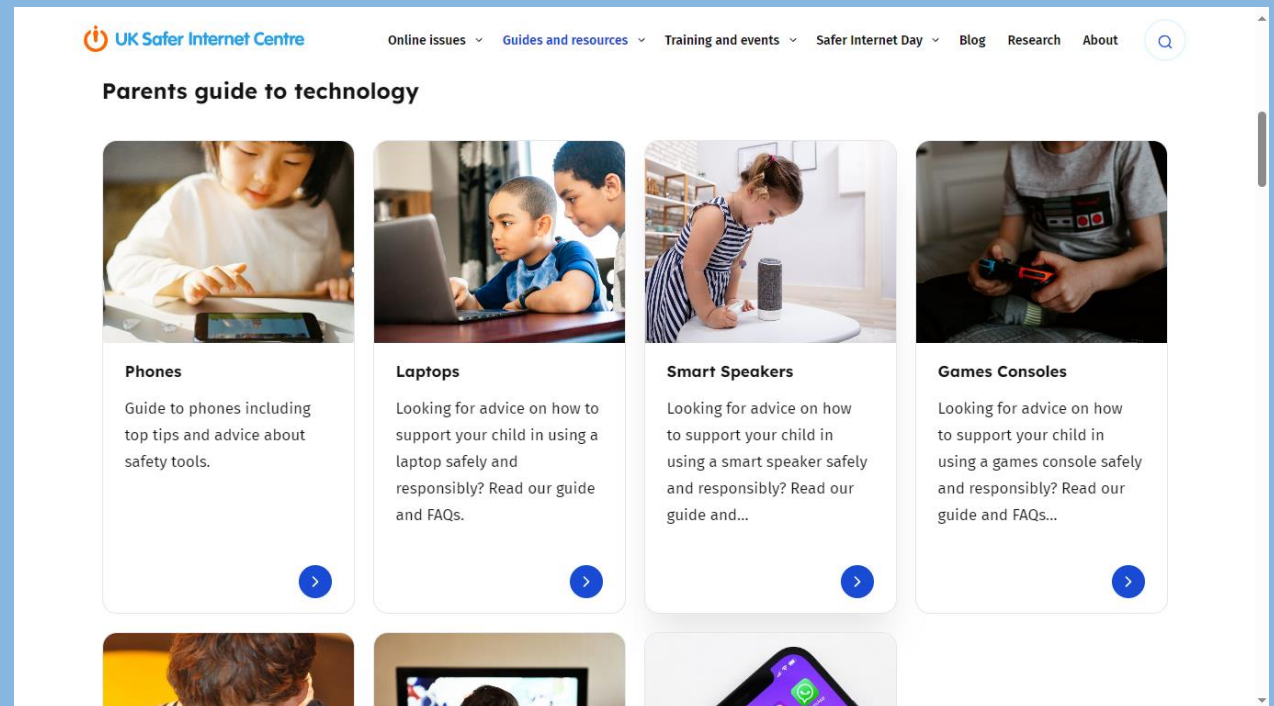
The Common Sense Media website is very useful and has parent guides for all sorts of social media platforms, games etc.



My child wants a new device and I'm unsure if they are ready for one.

The Safer Internet Website is full of useful information and has answers to lots of frequently asked questions.

[Parents and Carers –](#)
[UK Safer Internet Centre](#)

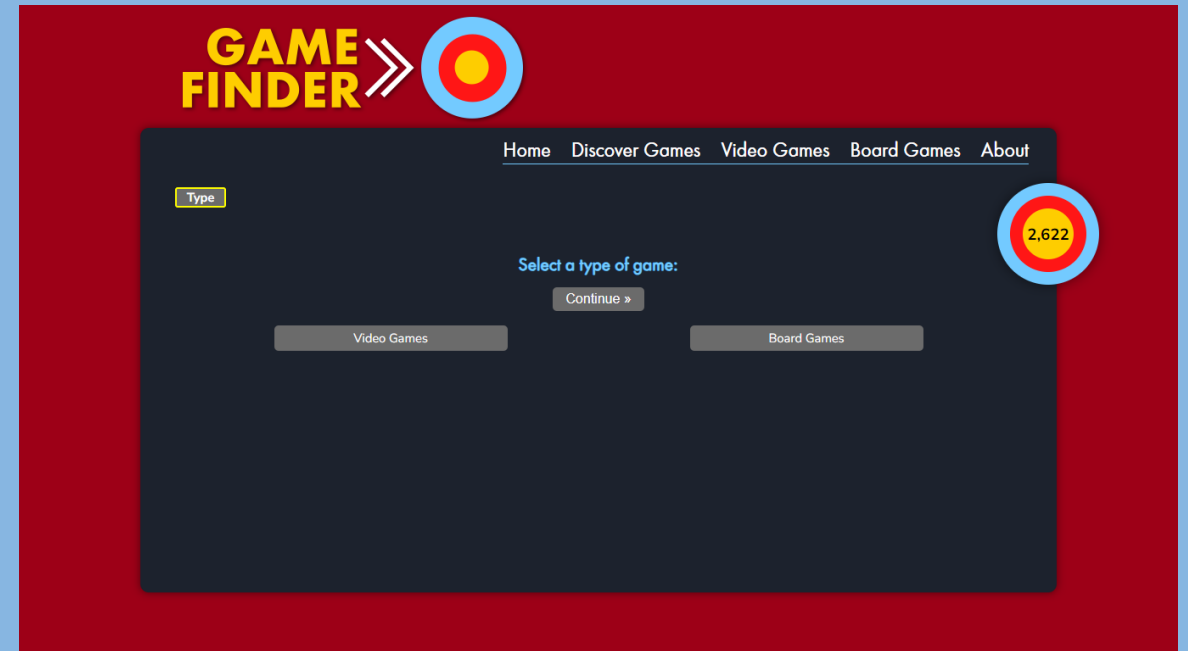


Gaming!

[Family Gaming Database -
Guides, Ratings and
Suggestions - Family Gaming
Database](#)



[Game Finder - Family
Gaming Database](#)



Resources for parents

<https://saferinternet.org.uk/>

<https://www.thinkuknow.co.uk/parents/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

[Online safety for children with SEND | NSPCC](#)

Any questions?

